

FOOD WASTE AND HOW TO END IT!

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TABLE OF CONTENTS

01

What is food waste?

The definition

02

Why is it happening?

Top 3 reasons

03

Why is it so bad?

The consequences

04

How can the world stop it?

05

What can you do?

Little actions to save the world

06

Interesting facts

Fun facts but not very fun...

01



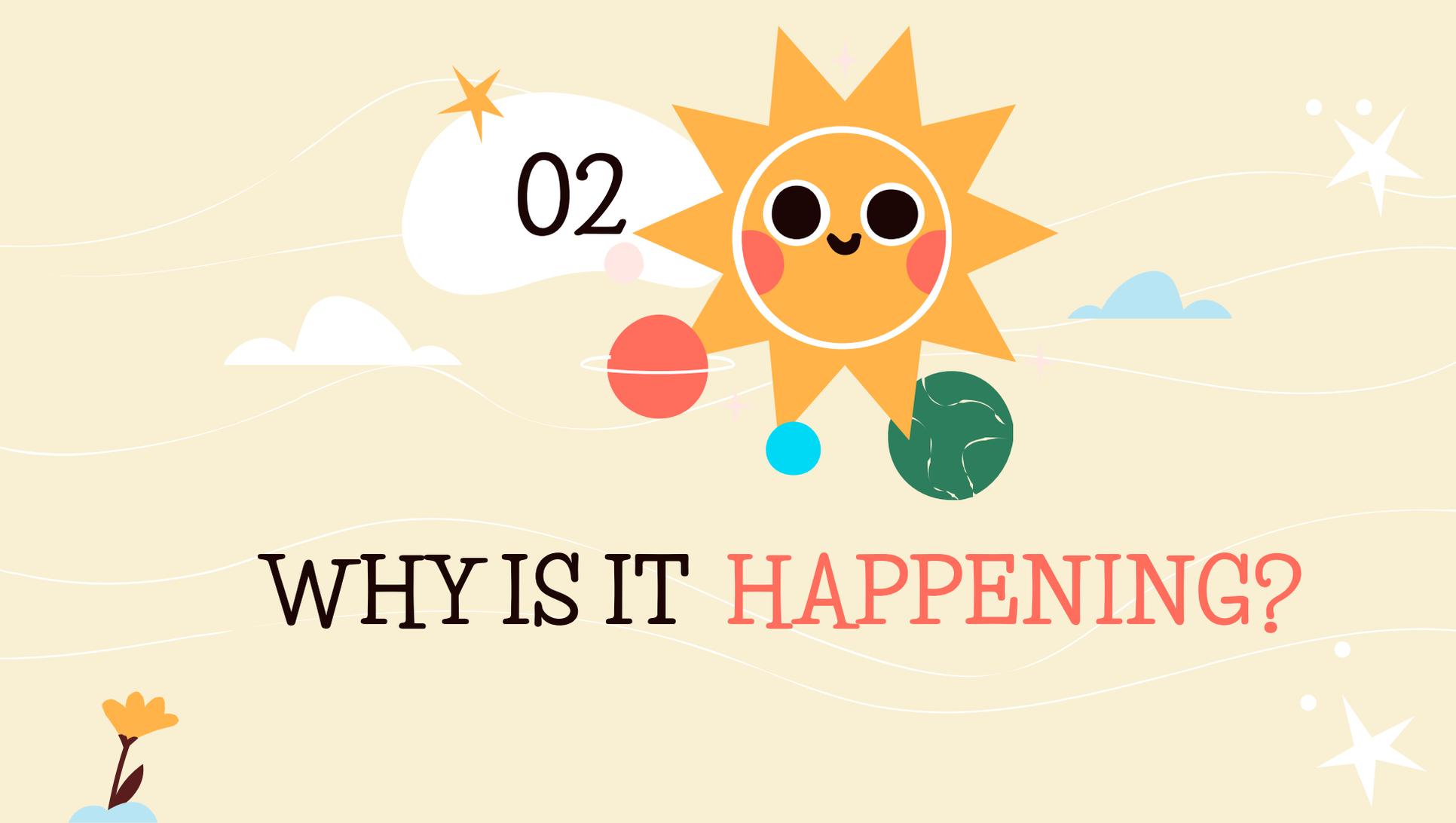
WHAT IS FOOD WASTE?



FOOD WASTE

Food waste is what happens when you throw out food that shouldn't be thrown out. No food should be thrown out but if you're full and you don't want to finish your meal you will then throw it in the bin.





02

WHY IS IT HAPPENING?

THE THREE REASONS



Sellers

They order a food and are not satisfied with it so throw it out



Expiry dates

If you store something too long and then find it in the back of your cupboard or the top of your fridge, you will have the tendency to throw it out.



Customers

If a customer does not enjoy one of their products, they will throw it out.



03



WHAT IS SO BAD?





WHAT IS SO BAD?

Researchers say that an average American person wastes 1,400 calories per day!(That is like 10 cokes wasted!)

1 year 150 000 000 000 000 calories were wasted!!



When you throw out your food it takes a long time to decompose but it also makes some gases (methane, CO₂) that pollute the air.

It takes a lot of energy and land to produce any food, so when the food is wasted it isn't only wasting some food, it's wasting all the energy that was used to produce it.

When you waste meat, the animal that your meat is made of was killed for nothing.





04

HOW TO STOP IT?

HOW TO STOP IT?

It's quite simple!

Raise awareness!!

Make portion sizes smaller everywhere and you
can always ask for more.

Try something before buying lots of it



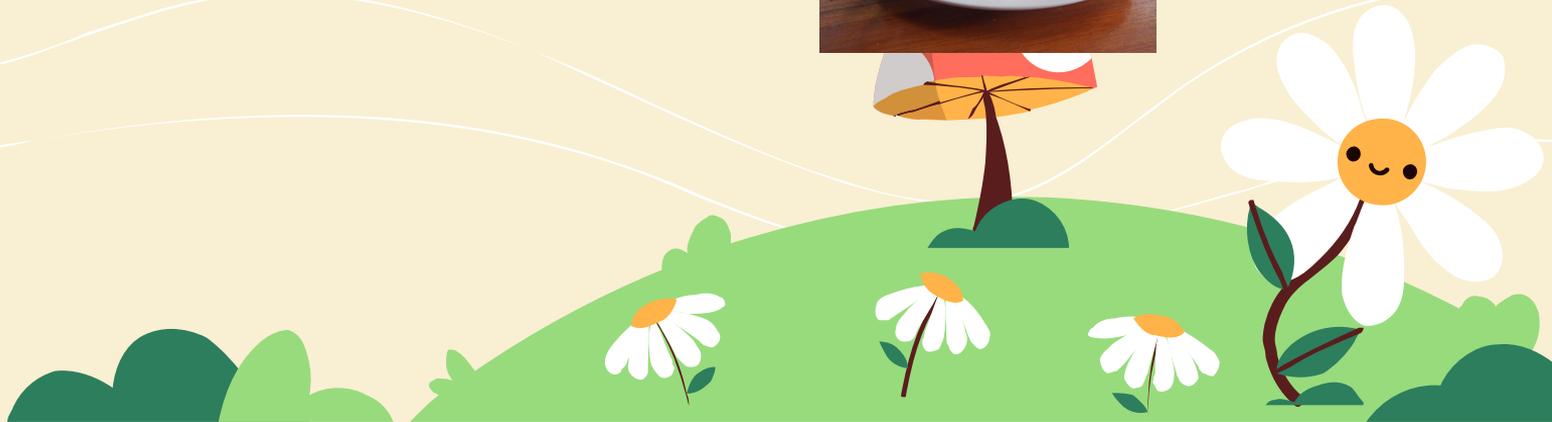


05

WHAT CAN YOU DO?

WHAT YOU CAN DO

- Talk about food waste with your friends and family, spread the word
- At the canteen, try and not take too much knowing you can always ask for more
- If you're full but you've still got things on your plate offer it around.





05

INTERESTING FACTS

INTERESTING FACTS

- One third of all food is lost or wasted.
- Up to 10 percent of greenhouse gases come from food that isn't consumed
- There actually is enough food in the world to feed every one
- Wasting food is worse than total emissions from flying, plastic production and oil extraction.
- If we stopped global food waste, we would save 4.4 million tonnes of CO2 and that's the same thing as taking 1 in 4 cars off the road!
- If one quarter of the food currently lost or wasted could be saved, it would be enough to feed 870 million hungry people.
- Almost half of fruit and vegetables are wasted
- Throwing away one burger is equivalent to having a 90 minute shower



THANKS
FOR
LISTENING!